

GREENVIEW REGIONAL MULTIPLEX

APRIL 2022 Child & Youth Programs

Youth Nights AGE: 14-17yrs

DATE: Every Thursday starting March 3

TIME: 6:00 pm - 8:00 pm

COST: FREE with Daily rate/Membership

Attention TEENS! Let's get active in the Fieldhouse together, engaging in a variety of sports, games, and challenges. Youth will learn new fitness skills, healthy habits, team-building exercises, grow new friendships, and get active! Youth Night's will continue to run every Thursday night throughout the school year.

Learn Badminton

AGE: 12-15 yrs DATE: Monday's April 4, 11 & 25

TIME: 3:30 pm - 4:30 pm

MEMBER COST: \$21.00 NON-MEMBER COST: \$27.00

This program is designed to instruct youth to engage & learn the fundamentals of the sport badminton. Participants will gain confidence, basic skills, rules of the game, & safe competition. A strength fitness component is incorporated

Badminton Blast

AGE: 9-11 yrs DATE: Tuesdays April 5, 12 & 26

TIME: 3:30 pm - 4:30 pm

MEMBER COST: \$18.00 NON-MEMBER COST: \$21.00

Badminton Blast is a fun & motivational way to learn the basic skills & rules of the game. Participants will grow coordination & sport confidence through team rallies, fitness training & program activities.

PD Day Camp

AGE: 5-12yrs DATES: Friday April 29, 2022

TIME: 8:30 am - 4:30 pm

MEMBER COST: \$35.00 NON-MEMBER COST: \$40.00

Schools out, so let's hang out! PD Day Camp is a fun all-day program held at the Multiplex where participants will sport, swim, craft, and play.

*Must bring snacks, lunch, indoor shoes, outdoor wear & swim gear.

Baby Boats AGE: 6 months - 24 months

DATE: Tuesday, April 5, 12, 19 & 26 TIME: 9:15am - 10:15am

MEMBER COST: \$32.00 NON-MEMBER COST: \$40.00

Baby Boats is a fun way to get a in water workout in, have fun, and interact with your child. Infants must be able to sit upright on their own and be comfortable floating in the boat. Water residence, minor cardio conditioning, and action songs for baby are all incorporated in this 4-week program.



Brought to you by Walking with Families Collaboration Location: Greenview Regional Multiplex Fieldhouse Gym A

FREE Community Event: "Ages and Stages Questionnaire"

for Families with Children 2 months to 5 & 1/2 years.

What is an ASQ?

l'm Learning and Growing Everyday!

Alberta

VALLEYVIEW



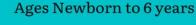
It is a developmental screening tool completed by parents that helps to see if their children are meeting all their milestones by the time they are 6 years. The questions will take about 20 minutes to answer. Many of the questions involve having fun playing. Like kicking a ball, drawing a picture or building simple puzzles. We will have all the things you need to complete the ASQ, as well as trained facilitators to go over the ASQ when it is completed.

Register by calling the GRM at 780 524-4097, drop-ins welcome too.



RHYME TIME & STORIES

For the Month of April Wednesday from 10:30am to 11:30am



We will be starting with families that have not had a chance to get in during the 2022 year. If you have already, we will put you on the waitlist and let you know if we have room.

> Please text 780 524-7897 to register

LEGO CLUB!!

Tuesdays 3:45 to 5:00pm April 5, 12, 19, &26 At the library Grade 1 and up

YOU ARE NEVER TOO OLD FOR LEGO

Register by texting 780 524-7897 Parent's Name Child's Name and Age